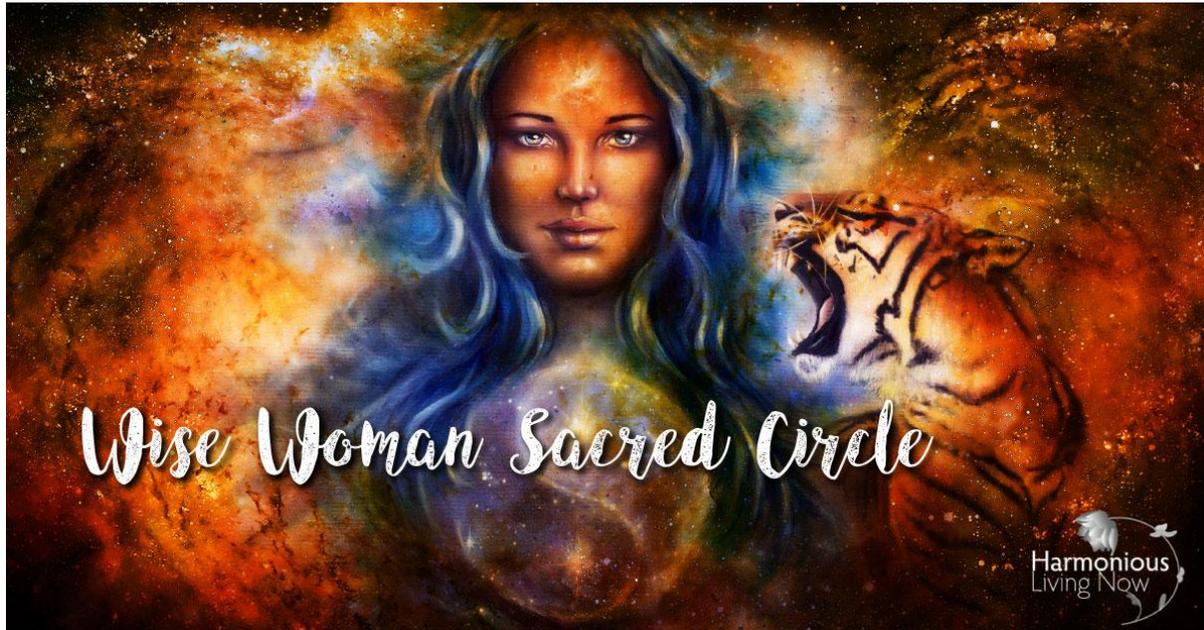




RECLAIMING LIFE FOCUS

Sacred Ceremony for Autumn Equinox 2018



September 25, 2018

6:30 -9:00 pm MT

Boise, Idaho

Autumn is the time of the year for hitting the re-set button & re-prioritizing.

The Season of Autumn is a time of harvesting the fruits of your dreams and intentions that you sowed earlier in the year. To facilitate the fullness of harvest, it is important to tend to your dreams, projects and goals as they continue to ripen.

Give yourself the gift of a retreat from your daily routine and join with others to renew and enrich your spirit with joy and celebration through the ancient practice of ceremony.

Share time with like-minded wise women as we create sacred space that connects us with our hearts remembering, purpose, passion and power that will access the flow of grace into the next season.

This beautiful ceremony will help you reclaim your focus, reboot your joy, excitement and willingness to create the latter half of 2018 that rings true for you.

Katherine Allen | Harmonious Living Now | Boise, Idaho | T. (208) 850-0849

k@harmoniouslivingnow.com



HarmoniousLivingNow.com



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Sacred Ceremony for Autumn Equinox 2018

**Your Facilitator: Katherine Allen, Soul Coach, Shaman Ceremony Leader
and Feng Shui Interior Designer**



I am delighted to offer this Autumn Equinox Ceremony as part of the Wise Woman series as my commitment to my own Soul's desire to help heal, transform and transcend the wounds of the patriarch into a new way of birthing the energy of the Divine Feminine. This is a crucial time in history in which women are being called to heal and unplug from old ways of being in ego and move into heart-centered living to become powerful change agents for personal and global transformation. I am a Soul & Harmony Coach and Feng Shui Interior Designer and I am excited to share some of my favorite ceremonies, many of which were taught in my training with Shaman and Author, Lynn Andrews.

Meet our Energy Anchor for this ceremony- Sheryl Ford!

I am excited to join Katherine in this Wise Woman program series in a Special Autumn Equinox Ceremony! I am a Clinical Social Worker and an Advanced Clinical Hypnotherapist. I utilize techniques that assist in an integrative healing experience and are highly effective in healing and birth issues, past life issues, releasing energy blocks, gaining personal clarity and deepening Spiritual connection. I am a Listener, Dreamer, Realist, Mediator, Healer, Life-long Learner, Sometimes Confused Human and Lover of Life!



Sacred Ceremony for Autumn Equinox

Dates: Tuesday September 25, 2018

Time: 6:30-9:00pm MT

Cost: \$22.00

Location: 3225 W. Bavaria, Eagle, ID [Ellison Chiropractic Building]

**To RSVP please call or text Katherine at 208.850.0849
or email k@harmoniouslivingnow.com.**





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Sacred Ceremony for Autumn Equinox 2018

Here is what a couple of our Soul Sisters have to say about our Sacred Circles:

"I love going to Sacred Circle with Katherine. It keeps me grounded. Katherine has a gift to share with us, old wisdom and new possibilities with deep meditations."

Kristine S.

"Sacred Circle has become my home for spiritual growth and peace. Katherine and Sheryl's collaboration is perfect in sharing their creative energies to awaken each woman to their own unique goddess within."

Sue Mccartney

"Katherine Allen is an incredible guide of seasonal meditations and women's circle gatherings. I didn't know what I was in for- but her classes contained so much more than I expected! The insights that came to me through her skillful guidance and promptings during the ceremony were incredibly profound and helped shift my thinking and focus. There were additional elements that evoked compassion for self through sending love to our inner child in an environment of tranquility, warmth, and encouragement. I highly recommend attending any of Katherine's guided gatherings!"

Stephanie Mullani